



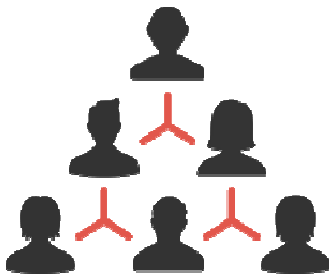
How to cough and sneeze.



Sometimes I cough and sneeze.



I must cover my mouth and nose.



This will stop me from spreading germs.



I can sneeze into my elbow.



I can sneeze into a tissue.



If I use a tissue I will put it in the bin.



I can cough into my elbow.



I can ask staff how to show me.



I will try to remember to sneeze and cough into my elbow.