St. Michael's House

Playing twister

I need a twister mat and spinner. I need to play with my friends.	
I spread the mat on the floor. Everyone takes their shoes off.	
One person is the spinner. They spin the spinner and tell you where to put your feet and hands. I must try to listen carefully.	
We take turns to put our feet and hands on the different colours. Sometimes we get tangled up! I must try and keep my hands and feet on the colored circles.	
I am finished if I fall over or take my hands or feet off the mat!	
Playing twister is lots of fun!	
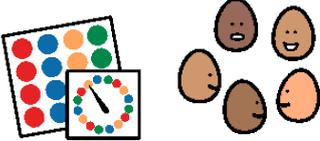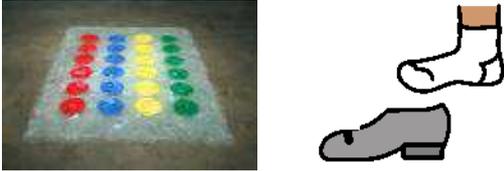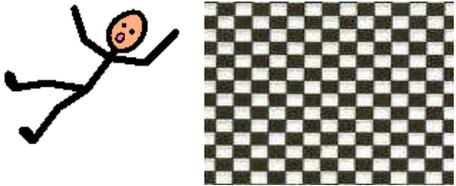
Playing Simon Says

A person is on. They tell me things to do. I have to listen	
When the person says "Simon says...," then I must do what they say.	
They could say **"Simon says jump"** = I jump	
When the person does not say **"Simon says"** I must stay still	
They could say "clap your hands" I must stay still	
I must listen carefully for the words **"Simon says"**	
Simon Says is lots of fun!	
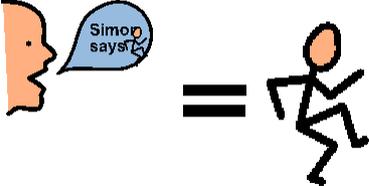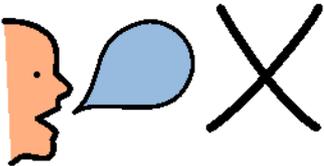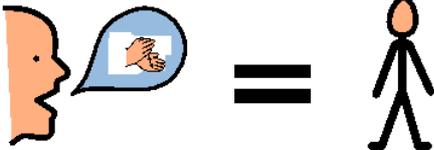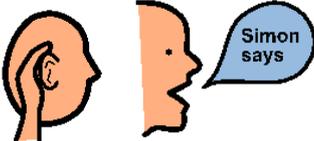
Playing "What is it Mr. Wolf?"

One person is Mr. Wolf.	
The other people are the chickens.	
Mr. Wolf stands with his back to the chickens. The chickens stand in a line 10 steps behind Mr. Wolf	
The chickens say "What time is it Mr. Wolf?" Mr. Wolf says a time. The chickens listen to the time and walk towards MR. Wolf. If he says 3 O' clock, the chickens take three steps forward. If he says 4 o' clock the chickens take 4 steps forward.	
If Mr. Wolf says "it's dinner time" the chickens run away. The Wolf tries to catch one.	
The chicken he catches is the new Mr. Wolf. The game starts all over again.	
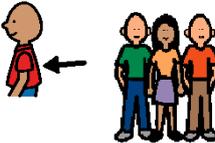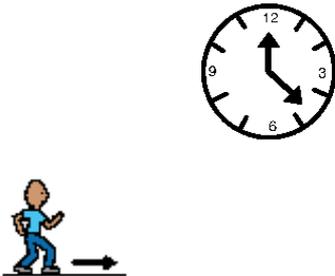
Scooter Races

I need a start and a finish line	
I stand with my scooter at the start line with my friends or family	
When someone says "GO" I go to the finish line. I will try to go as fast as I can.	
The first person to the finish is the winner.	
It's fun to have scooter races	

Playing penalty shootout
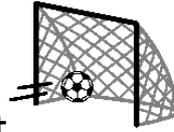
To play penalty shootout I need a ball.	
One person is the goalie. They stand in the goals. I can make a goal with cones or jumpers.	
The other players take turns to kick the ball at the goal. They are trying to score a goal.	
The person who scores the most goals is the winner!	
Penalty shootout is lots of fun!	
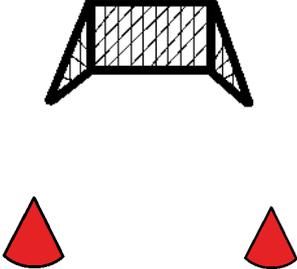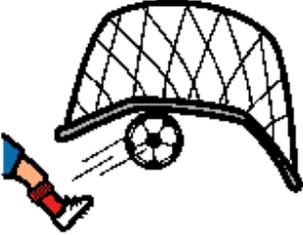
Team Running

To play Team Running the group will divide into two teams	
I will stand in a line. I will wait nicely and have nice hands with my friends.	
My friend will have a turn to run up to the cone and back.	
When they come back, then I can take my turn. I will run up to the cone and I will run back.	
Team running is lots of fun.	