



My name is **Katie**. I am looking for women aged between 30 and 65 years old to talk to me about **getting older, being healthy and menopause**.



If you would like to take part you must have experienced a **period or menopause**.

You must be able to **communicate verbally to agree** (give consent) to take part.



I will ask you to take **photographs** of things to do with and **how you feel** about getting older, being healthy and the menopause.

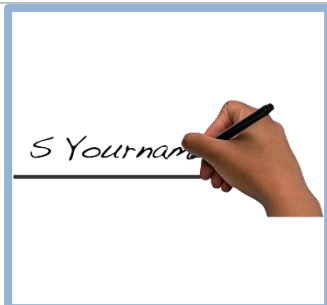


You will use either a **smart phone or tablet** to take part, if you don't have either, we will provide you with an **instant camera**.



There will be **three meetings** from **September 2024 – October 2024**, the first meeting will be at a date that suits you.

**It is up to you** if you want to take part and you can **continue or stop at any time**.



If you would like to take part or want to know more, you can contact **me, Katie Moore or Dawn Coyle** at Saint Michael's House, or **speak to your support worker**.

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