



Apple and Peanut Butter

Shopping List:

An apple.
Peanut Butter.
1 Tbsp Honey.

Gather Utensils:

A chopping board.
A teaspoon.
A knife
A small bowl.

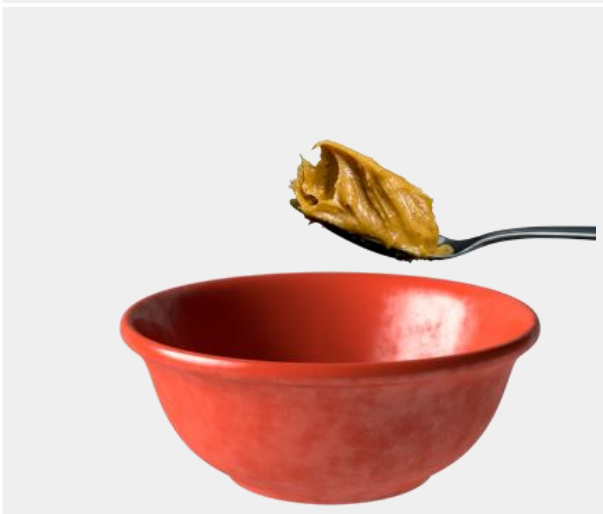
Step 1.

Slice the apple with a knife.

Be safe when using a knife

Step 2.

Add 2 teaspoons of peanut butter to the bowl.





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Step 3.

Spread the peanut butter over the apple.



Step 4.

Enjoy ! Have this as a healthy snack during the day.