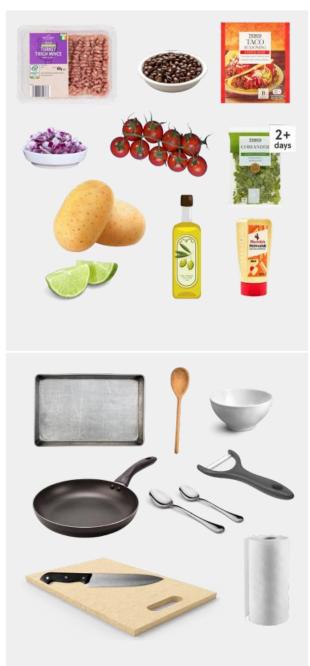


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Burrito Bowl





Shopping List:

400grams turkey mince. Black beans. Baby tomatoes. Diced red onion. 2 large potatoes. 1 lime. Taco seasoning. Coriander. Peri-peri mayo. Olive oil.

Gather Utensils:

A baking tray. 1 small bowl. A wooden spoon. A tablespoon. A chopping knife. A teaspoon. A chopping board. A potato peeler. Paper towel.



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Step 1.

Pre heat the oven to 180 degrees fan or 200 degrees convectional.

Step 2.





Step 3.

Cut your potatoes into cubes.

Be safe when using a knife.





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Step 4.

Add your potatoes to the large bowl.





Step 5.

Add one teaspoon of salt pepper and taco seasoning to the bowl.



Mix with the wooden spoon.





Step 7.

Place on a baking tray and cook in the oven for 25 minutes



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Slice the baby tomatoes in half and add to a bowl.

Step 9.

Add your diced onion to the bowl.







Chop the coriander and add to bowl.

Optional.

Step 11.

Squeeze half a lime into the bowl.





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Step 12.

Add 2-3 tablespoons of black beans.



Step 13.

Mix well with a spoon.



Step 14.

Place a pan on the cooker and turn on to medium/high heat.



Step 15.

Add one tablespoon of olive oil to the pan.



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Step 16.

Add your turkey mince to the pan.

Step 17.

Add salt and pepper and the rest of the taco seasoning.

Step 18.

Cook until browned and turn off the cooker.





Step 19.

Remove your Potatoes from the oven when done.



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Step 20:

Add your

- 1. Salad mix
- 2. Cooked mince

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3. Potato cubes to a bowl.



Final Step:

Add sauce of choice and enjoy.