



Healthy Pizza

Shopping List:

3 tablespoons tomato puree.

1 clove of diced garlic.

Baby Plum Tomatoes.

1 teaspoon of Italian herbs.

2 Tortilla wraps.

75 grams of Mozzarella.

Basil.

Salt and Pepper

Choose your own toppings.

Gather Utensils:

Pizza pan.

Butter Knife.

A teaspoon.

A tablespoon.

A chopping board.

A garlic press.





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Step 1.

Preheat your oven to 180 degrees Celsius.



Step 2.

Place a tortilla onto your pizza pan.



Step 3.

Add 3 tablespoons of tomato puree to your tortilla.



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Step 4.

Spread the tomato puree with a knife.



Step 5.

Mince a clove of garlic using a garlic press and add to pizza.



Step 6.

Cut 3 or 4 baby tomatoes.



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Step 7.

Add your chopped tomato to the pizza.



Step 8.

Add 75 grams of mozzarella cheese.



Step 9.

Add toppings of choice and basil.



Step 10.

Add your Italian herbs, and a pinch of salt and pepper.



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Step 11.

Bake in the oven for 8-10 minutes or until the cheese is melted.



Enjoy.

You can fold the wrap or cut into slices like pizza.